

Hair Care Tips

To help you achieve “Just stepped out of the Salon Look’ every day!

Well styled, beautifully conditioned hair is one of your greatest beauty assets. The following tips will help you to get maximum value from your Salon Service and confidently maintain your style so you look and feel great every day.

We offer a comprehensive range of professional products designed with the modern woman in mind, they’re fast, friendly and easy to use. Our Stylists are trained to recommend products suitable for your hair type and lifestyle.

Colour Care

After having your professional colour applied we treat your hair to a complimentary ‘One Shot’ conditioning treatment. This is a deep penetrating, pure protein leave in conditioning treatment your Stylist will apply at the basin. ‘One Shot’ will help lock in your colour and make your hair feel and look like silk. Do not wash your hair for 48 hrs after having your colour, this also helps to lock in your colour and eliminates early colour fadeage. To prolong the life of your colour we strongly advise using a Salon Shampoo, Conditioner and styling products. These are designed to work in conjunction with your colour to achieve maximum life for your colour and provide ultimate condition for your hair.

Perm Care

Do not wash your hair for 24 hours after your perm, this helps with the condition of your hair after your perm. Never brush your hair when it is permed, always use a wide tooth comb and always comb your hair when it is damp. When blow waving permed hair we recommend using a diffuser at the end of your hair dryer. A diffuser dries the hair without blowing it around which stops it from drying fluffy and looking dry. We strongly recommend using a salon shampoo and conditioner to enhance the life of your perm. We have a comprehensive range of styling products designed to help you achieve best results for your perm every day.

General Hair Care

We recommend the following:-

- Regular 6-8 weekly trims to remove dry, dead ends which help bounce up perm and refresh colour.
- After shampooing and before applying conditioner, gently blot your hair with a towel to remove excess water. This helps the conditioner to penetrate your hair and prevents it slipping off down the plug hole.
- Handle wet hair gently, blot it dry gently rather than rubbing with the towel. Detangle long hair with your fingers and then use a wide tooth comb.
- Use heat protector products when styling your hair with heat.
- Regular Deep Conditioning treatments keep your hair in ultimate condition.
- For swimmers or those who have copper pipes, using deep cleansing shampoos will protect hair from chlorine and discolouration from copper and other impurities
- To protect your hair from damage caused by harsh sun and wind, we recommend using hair care products containing sun screen to prevent damage and colour loss.
- Brushing your hair regularly with a good hair brush cleanses and polishes the hair and stimulates the scalp. Brushing is also a wonderful conditioning treatment as it distributes oil to the hair and gets rid of scaly particles.
- Your overall health is reflected in your hair, a combination of healthy nutrition, regular exercise and good everyday hair care will help you look and feel like a million dollars!

We trust you find these tips helpful and invite you to email us with other problems you may have with your hair or for further information on products we have available absolut.hair@xtra.co.nz

